



Stay Well Committee Minutes

January 28, 2025 2:00 PM

In person meeting

17221 East 23rd St S, Independence, MO 64057

To view minutes from last meeting click [here](#).

WELCOME

Also present: Carol Ayers/Cigna, Johnathan Crass/CBiz, Melissa Cabrera/Finance, Bethany Dickey/HR, Selena Good/Wellness, Lisa Phillips/Cigna, Michael Jackson/HR

APPROVAL OF MINUTES

FINANCIAL STATEMENT

1. Presented by the Finance Department

The Financial Reports were distributed and discussed for December 2024. This report contains charts for Unrestricted Net Assets, Net Income (Loss) by Month, and Net Income (Loss) by Plan by Month.

For the month of **December 2024:**

- The OAP 1 plan had a net loss of (\$146,014).
- The OAP 2 plan had a net loss of (\$147,270).
- Local Plus plan had a net loss of (\$84,561).
- Base plan had a net income of \$48,610.
- For the fourth month of the fiscal year, the Fund is experiencing a net loss of (\$803,577) which has resulted in an ending unrestricted net assets balance of \$4,987,895.

UPDATE FROM CIGNA

1. Presented by Carol Buckner Ayers and Lisa Phillips

Omada emails have been sent out for the pre-diabetes screening program.

FINANCIAL REPORT

1. Presented by CBiz

The Monthly Medical Financial Overview was distributed and discussed **December 2024** from CBiz.

- Plan Funding for the year is \$1,688,728.00 with a deficit of (\$423,672.00)
- Current enrollment for OAP 1, OAP 2, Local Plus, Base Plan, Cobra, and Retirees is 1,134.
- PEPM for Dec 2024 - 1862.79 vs. Dec 2023 - 1356.21

Reporting 23 high-cost claims and 7 over \$150,000 thru December 2024.

UPDATE FROM HR

1. Presented by Bethany Dickey
 - MetLife is aware that their patient portal is having issues. Please advise people to keep trying.
 - FSA's with Cigna will be moving to MetLife on February 11th.

WELLNESS ACTIVITIES

1. Presented by Selena Good
 - Personify Health is the new Wellness program offered by the City. It started at the beginning of January.
 - The City is offering up to \$100 in well-being reimbursements for qualifying activities. An email will be sent to City employees.

OLD BUSINESS

None

NEW BUSINESS

None

NEXT MEETING DATE

1. February 25, 2025 at 2:00 pm in conference room 117 IUC