



Stay Well Committee Minutes

February 25, 2025 2:00 PM

In person meeting

17221 East 23rd St S, Independence, MO 64057

To view minutes from last meeting click [here](#).

WELCOME

Also present: Carol Ayers/Cigna, Johnathan Crass/CBiz, Melissa Cabrera/Finance, Bethany Dickey/HR, Selena Good/Wellness, Lisa Phillips/Cigna, Michael Jackson/HR

APPROVAL OF MINUTES

FINANCIAL STATEMENT

1. Presented by the Finance Department

The Financial Reports were distributed and discussed for January 2025. This report contains charts for Unrestricted Net Assets, Net Income (Loss) by Month, and Net Income (Loss) by Plan by Month.

For the month of **January 2025:**

- The OAP 1 plan had a net income of \$58,116.
- The OAP 2 plan had a net income of \$9,412.
- Local Plus plan had a net income of \$137,641.
- Base plan had a net income of \$38,985.
- For the fourth month of the fiscal year, the Fund is experiencing a net loss of (\$559,423) which has resulted in an ending unrestricted net assets balance of \$5,232,049.

UPDATE FROM CIGNA

1. Presented by Carol Buckner Ayers and Lisa Phillips

Cigna is now offering Visana, a virtual woman's health clinic, as in-network. Information will be distributed in the next Wellness newsletter.

FINANCIAL REPORT

1. Presented by CBiz

The Monthly Medical Financial Overview was distributed and discussed **January 2025** from CBiz.

- Plan Funding for the year is \$1,812,049.00 with a surplus of \$320,949.00.
- Current enrollment for OAP 1, OAP 2, Local Plus, Base Plan, Cobra, and Retirees is 1,146.
- PEPM for Jan 2025 - 1301.1300000000001 vs. Jan 2024 - 1055.95
- Reporting 0 high-cost claims and 0 over \$150,000 through January 2025.

UPDATE FROM HR

1. Presented by Bethany Dickey

No updates at this time.

WELLNESS ACTIVITIES

1. Presented by Selena Good
 - 1-on-1 onsite meetings with a dietitian will be available to City employees at the end of the month.
 - The mobile mamomobile will be at City Hall on March 11th. They will be visiting again in the fall.
 - Onsite wellness counseling will be available this month.

OLD BUSINESS

None.

NEW BUSINESS

Council member Fears will be acting as the council liaison with our committee.

NEXT MEETING DATE

1. March 28, 2025, at 10:00 am in conference room 117 IUC