



Stay Well Committee Minutes

July 28, 2025 2:00 PM

In person meeting

17221 East 23rd St S, Independence, MO 64057

To view minutes from last meeting click [here](#).

WELCOME

Also present: Scarketa Smarter/Cigna, Johnathan Crass/CBiz, Bethany Dickey/HR, Lisa Phillips/Cigna

APPROVAL OF MINUTES

FINANCIAL STATEMENT

1. Presented by the Finance Department

June financial will be presented at the next meeting.

UPDATE FROM CIGNA

1. Presented by Kevin Kueker and Lisa Phillips
 - St. Luke's has signed an extension to complete contract renewals.

FINANCIAL REPORT

1. Presented by CBiz

The Monthly Medical Financial Overview was distributed and discussed **June 2025** from CBiz.

- Plan Funding for the year is \$1,797,586.00 with a surplus of \$582,310.00
- Current enrollment for OAP 1, OAP 2, Local Plus, Base Plan, Cobra, and Retirees is 1,134.
- PEPM for Jun 2025 - 1071.6700000000001 vs. Jun 2024 - 1153.76
- Reporting 6 high-cost claims and 1 over \$150,000 thru June 2025.

UPDATE FROM HR

1. Presented by Bethany Dickey

- Open enrollment will be held 10/20-11/7
- An in-person employee and 4 retiree meetings will be scheduled. Locations and dates to be announced.

WELLNESS ACTIVITIES

1. Presented by Selena Good

No updates to report

OLD BUSINESS

1. 2026 Premiums

Recommendation: 10% premium increase in 2026. No other changes.

NEW BUSINESS

1. Hinge Health Slides

NEXT MEETING DATE

1. August 26, 2025, at 2:00 pm in conference room 117 IUC