



Stay Well Committee Minutes

January 27, 2026 2:00 PM

In person meeting

17221 East 23rd St S, Independence, MO 64057

To view minutes from last meeting click [here](#).

WELCOME

Also present: Bethany Dickey/HR, Kevin Kueker/Cigna, Lisa Phillips/Cigna, Caitlin Waters/CBiz

APPROVAL OF MINUTES

FINANCIAL STATEMENT

1. Presented by the Finance Department

For the month of **December 2025:**

- The OAP 1 plan had a net income of \$192,552.
- The OAP 2 plan had a net income of \$50,236.
- Local Plus plan had a net income of \$230,254.
- Base plan had a net income of \$3,955.
- For the fourth month of the fiscal year, the Fund is experiencing a net income of \$925,221 which has resulted in an ending unrestricted net assets balance of \$7,312,641.

UPDATE FROM CIGNA

1. Presented by Kevin Kueker and Lisa Phillips

- Headspace is now available for self-guided mental health care.
- Cedar Gate will be conducting a group data analysis.

FINANCIAL REPORT

1. Presented by CBiz

The Monthly Medical Financial Overview was distributed and discussed **December 2025** from CBiz.

- Plan Funding for the year is \$1,779,284.00 with a surplus of \$444,689.00
- Current enrollment for OAP 1, OAP 2, Local Plus, Base Plan, Cobra, and Retirees is 1,130.
- PEPM for Dec 2025 - 1181.05 vs. Dec 2024 - 1862.79
- Reporting 13 high-cost claims and 2 over \$150,000 thru December 2025.

UPDATE FROM HR

1. Presented by Bethany Dickey

No update

WELLNESS ACTIVITIES

1. Presented by Selena Good

No update

OLD BUSINESS

NEW BUSINESS

1. COI Post-OE Enrollment Analysis 2026

Held for next meeting

NEXT MEETING DATE

February 24, 2026 at 2:00 pm in conference room 117 IUC

February 24, 2026 at 2:00 pm in conference room 149 IMC